


Star 1 Test Sheet

 Name & Club	CASSA #	Back Layout (Stationary Scull)	Head first scull (standard Scull) 5 m. (16 ft)	Foot First Scull 5 m. (16 ft)	Back Flutter Kick 12 m. (40 ft)	Back Crawl and variations 8 m (25 ft)	Tub	Somersault Back Tuck	Waterwheel	Routine Element – Back crawl, back layout, tub position, ¼ turn, foot first sculling	Routine Propulsion & Transitions Back layout, head first sculling, back flutter kick, back crawl, back layout	Back Crawl for speed 25 metres	Final Result	Fee Paid/Award Issued
1.														
2.														
3.														
4.														
5.														
6.														
7.														
8.														
9.														
10.														

Pass Mark = 4.0 *Candidate must attempt all skills and must pass at least all but one skill. If the candidate received less than the pass mark on one skill, that mark can be no less than .5 below a pass. (No mark awarded for the sequence)

Signature of Official _____

Test Location: _____

Test Date: _____

Host Club: _____